

Registration Form

Zen Buddhist Temple | 1214 Packard Street | Ann Arbor, MI 48104 | 734-761-6520 | annarbor@ZenBuddhistTemple.org

Introductory Meditation Course

\$160. Five Thursdays, 6:30–8:30 pm, beginning:

- March 4 April 15 May 27
 July 15 September 9 October 21
 Jan. 13, 2011 March 10, 2011

Overnight Introductory Meditation Course*

Beginner's Zen Retreat \$160. Friday at 7 pm–Saturday at noon

- March 12–13 July 16–17 December 3–4
 March 11–12, 2011

Yoga I

\$60. Six Tuesdays, 6–7:30 pm, beginning:

- March 2 April 13 May 25
 September 14 October 26 January 11, 2011
 March 8, 2011

Yoga II

\$60. Six Tuesdays, 6:30–8 pm, beginning:

- March 2 April 13 May 25
 July 6 September 14 October 26
 Jan. 11, 2011 March 8, 2011

\$60. Six Thursdays, 6:30–8 pm, beginning:

- March 4 April 15 May 27
 July 8 September 16 October 28
 Jan. 13, 2011 March 10, 2011

Yoga Workshop

Saturday, 10 am–4 pm, \$75

- June 5

One-Day Retreats*

Saturday, 9 am–5 pm, \$60 (\$50 for members)

- May 8 August 7 September 11
 November 6 February 19, 2011

Yongmaeng Jeongjin: 3 or 5-day Intensive Retreats*

\$60 per day (\$50 per day for members)

- March 25–28 June 30–July 5 (Toronto)
 September 30–October 3 December 26–31 (Chicago/Toronto)

Way-Seekers' Kitchen Practice 9:30 am–2 pm, April 10/17/24 & May 1. \$100

Core Buddhist Teachings & Their Application in Our Lives

9 am–noon, Sat. Oct. 23. \$20

Other:

* Please bring a sleeping bag and/or sheets and blankets, a pillow and warm, loose-fitting, comfortable clothing in subdued colors.



Name: _____

Address: _____

City & Zip Code: _____

Telephone: _____

Email: _____

To register please include a deposit of \$30 or full payment of \$_____.
Make check or money order payable to Zen Buddhist Temple.